#### We Believe...

- \* In communities where all people have a "voice" and are heard with respect;
- \* In safe communities where all people have equal value;
- \* In communities that are friendly and support equality and fulfilling relationships;



- \* With opportunities, people grow and share their dreams and abilities; and
- \* That the humanity we share is more important than our different abilities.

Please call us
for more information
about VTDDC,
the projects it funds,
or about becoming a member
at 802-241-2612 or
toll free at 888-317-2006
Visit us on the Web at
www.ddc.vermont.gov



You can write us at :
VTDDC
103 S. Main Street
North Building, Room 117
Waterbury, VT 05671-0206

Member National Association of Councils on Developmental Disabilities





# DEVELOPMENTAL DISABILITIES COUNCIL



The mission of VTDDC is to facilitate connections and to promote supports that bring people with developmental disabilities into the heart of Vermont communities.

#### What is VTDDC?

The Vermont Developmental Disabilities Council is a state-wide board that works to increase public awareness about critical issues affecting people with developmental disabilities and their families. 13 of its 21 members are self-advocates and family members.

VTDDC follows the federal definition of developmental disability:

A disability that begins before age 22 and substantially affects three or more activities of daily life such as self-care, communication, movement, learning, self-direction, independent living, and employability.

Each year VTDDC uses its federal funds to support projects in public education, leadership training, and advocacy aimed at enhancing services and supports, community participation and choice. The Steering Committee Fund provides help to individuals and family members to attend trainings and conferences.

People with developmental disabilities and their families play a key role at VTDDC in deciding how to use funds to have the greatest impact.

We always welcome your input. Let us know what works and what doesn't. What needs to change?

## Grant funds help people with developmental disabilities by supporting:

### Legislator Education



#### Self-Advocacy



#### **Communication Support**



### Vermonters helped by VTDDC grants say:

"I learned that I AM ABLE....

I am alive and every day is a party.

Open more doors for me to run through."



"He wanted everyone to see that he was part of this group!



He got a lot just from the first two hours, by feeling accepted and ... not different!"

"One of the biggest benefits of attending [the seminar] is spending time with others going through the same things we are, who are the best sources of information and help."

> "Parents need to be strong advocates... and try to educate as many people as possible."